



Welcome

Dear New Patient,

Let me be the first one to extend our gratitude in your choosing HIDEF Sports & Physical Therapy for your physical therapy, personal training, nutrition, and mind-set coaching needs. We have committed ourselves to providing quality care to the community. It is our belief that in order to produce results we must create a distinctive treating environment that is based upon a foundation of open communication, education, unsurpassed service at all levels and the forming of long-term value-based relationships.

Here at HIDEF Seattle we pride ourselves in knowing that we provide exceptional care to all of our patients - it is what makes us unique. Our manual techniques and “one-on-one” treating philosophy give our patients lasting results time and time again. We hear many success stories from our patients, and we encourage you to visit our website to look read some patient success stories in the hope that you will find inspiration from other patient’s stories.

Enclosed in this packet is a variety of information including patient policies, the many services and benefits that HIDEF Seattle offers and other equally important facts. My job here at HIDEF is to ensure that we have done everything possible to meet your needs. Please feel free to contact us at any time during the course of your treatment with any successes or concerns at (206)693-9929 or by e-mail at **hidefseattle@gmail.com**. I wish you the best of luck in treatment and hope to hear from you soon.

Sincerely,

Dr. W. Zach Smith, PT, DPT
Owner at HIDEF and Doctor of Physical Therapy

“The greatest compliment we can receive from our patients is the referral of their friends and family to us for care!”

